## 4 Bending of Beams - إنعطاف الجيزان

### 4.1 Introduction



Beams are among the most important elements in structural engineering.
A beam is straight bar with the dimensions of its cross-sectional area $A$ are much smaller than its length $L$. However, in contrast to the members of a truss it is loaded by forces which are perpendicular to its axis.
Then, the originally straight beam deforms (Fig.a). This is referred to as the bending of the beam.
As a consequence, internal forces (= stresses: $\sigma \& \tau$ ) are generated in the beam, the resultants of which are the shear force $V$ and the bending moment $M$ (Mechanics of Materials $1, L 6 \& L 7$ ). It is the aim of the bending theory to derive equations that allow the determination of the stresses and the deformations.


$$
V=\int_{A} \tau d A \quad N=\int_{A} \sigma d A=0
$$

$$
M=\int_{A} z \sigma d A \quad \frac{\mathrm{~d} V}{\mathrm{~d} x}=-q(x)
$$

$$
\frac{\mathrm{d} M}{\mathrm{~d} x}=V(x)
$$

$$
\frac{d^{2} M}{d x^{2}}=-q(x)
$$

### 4.2 Basic Equations of Ordinary Bending Theory (Simple Beam Theory)

Equations enabling the determination of the stresses and deformations due to the bending of a beam, will now be derived . In the following we restrict ourselves to ordinary (uniaxial) bending, i.e., we assume that the axis $z$ is an axis of symmetry of the cross section \& the loads act in the $z-x$ plane.

| $V=\int_{A} \tau d A$ | $N=\int_{A} \sigma d A=0$ | $M=\int_{A} z \sigma d A$ |  |
| :---: | :---: | :---: | :---: |
| $\frac{\mathrm{d} V}{\mathrm{~d} x}=-q(x)$ | $\frac{\mathrm{d} M}{\mathrm{~d} x}=V(x)$ | $\frac{d^{2} M}{d x^{2}}=-q(x)$ |  |



In addition to the previous statics equations,
Hooke's law and the geometrical (kinematic) relations will be used.
Assuming that the normal stresses $\sigma_{y} \& \sigma_{z}$ in the beam are neglected compared with $\sigma_{x}$. Then Hooke's law is given by

$$
\sigma_{x}=\sigma=E \varepsilon_{x}=E \varepsilon \& \tau_{z x}=\tau=G \gamma_{z x}=G \gamma
$$

$$
V=\int_{A} \tau d A \quad N=\int_{A} \sigma d A=0 \quad \frac{\mathrm{~d} V}{\mathrm{~d} x}=-q(x) \quad \frac{\mathrm{d} M}{\mathrm{~d} x}=V(x) \quad \frac{d^{2} M}{d x^{2}}=-q(x)
$$

## additional assumptions

$$
\sigma_{x}=\sigma=E \varepsilon_{x}=E \varepsilon \& \tau_{z x}=\tau=G \gamma_{z x}=G \gamma
$$

a) The displacement $w$ is independent of $z$ :

$$
w=w(x)
$$

This implies that the height of the beam does not change due to bending: $\varepsilon_{Z}=\partial w / \partial z=0$.
b) Plane cross sections of the beam remain plane during the bending. In addition to the displacement $w$, a cross section undergoes a rotation. The angle of rotation $\psi=\psi(x)$ is a small angle, it is counted as positive if the rotation is counterclockwise. Thus,


The displacement $U$ of a point $P$ which is located at a distance $Z$ from the $X$-axis is given by $u(x, z)=\psi(x) z$.

$$
\begin{array}{ccc}
V=\int_{A} \tau d A \\
\hline N=\int_{A} \sigma d A=0 & M=\int_{A} z \sigma d A & \frac{\mathrm{~d} V}{\mathrm{~d} x}=-q(x) \sqrt{\mathrm{d} M}=V(x) \\
\hline u(x, z)=\psi(x) z & w=w(x) & \sigma_{x}=\sigma=E \varepsilon_{x}=E \varepsilon \& \tau_{z x}=\tau=G \gamma_{z x}=G \gamma \\
\hline
\end{array}
$$

## Hooke's Law into Kinematic relations

$\sigma=E \varepsilon=E \frac{\partial u}{\partial x}=E \frac{\partial \psi}{d x} z=E \psi^{\prime} z$

$$
\tau=G\left(\frac{\partial u}{\partial z}+\frac{\partial w}{\partial x}\right)=G\left(\psi(x)+w^{\prime}\right)
$$

where $d() / d x=()^{\prime}$ and $w^{\prime}$ represents the slope of the deformed axis of the beam.

$$
N=\int_{A} \sigma d A=0=E \psi^{\prime} \int_{A} z d A=0
$$

which implies that the $y$-axis has to be a centroidal axis: C is the centroid of the section.

$$
M=\int_{A} z \sigma d A=E \psi^{\prime} \int_{A} z^{2} d A=E I_{y} \psi^{\prime}
$$


b


Where $I_{y}=\int_{A} z^{2} d A$ is the second moment of area about $y$.

### 4.3 Normal Stresses in Bending Beams

4.3 الإجهاد النـاظهي في انعطاف الجيزان:
$M=\int_{A} z \sigma d A=E \psi^{\prime} \int_{A} z^{2} d A=E I_{y} \psi^{\prime} \Rightarrow E \psi^{\prime}=\frac{M}{I_{y}}$
Sub. into $\sigma=E \psi^{\prime} z$
$\Rightarrow$ Bending formula $\sigma=\frac{M}{I_{y}} z \quad I_{y}$ is $\left[L^{4}\right]$ Compare with $\sigma=\frac{N}{A}$


It shows that the normal stresses, which are referred to as the flexural or bending stresses (إجهاد الانعطاف), are linearly distributed in $z$-direction as shown in Fig. If the bending moment $M$ is positive, the stresses are positive (tensile stresses) for $z>0$ and they are negative (compressive stresses) for $z<0$. For $z=0$ (i.e., in the $x, y$-plane) we have $\sigma=0$. Since $\varepsilon=\sigma / E$, the strain $\varepsilon$ is also zero in the $x, y$ plane: the fibers in this plane do not undergo any elongation or contraction. Therefore, this plane is called the neutral surface of the beam. The intersection of a cross section of the beam with the neutral surface (i.e., the $y$-axis) is called the neutral axis (المحور السليم). The bending stresses (tensile or compressive) attain their maximum values at the extreme fibers. With the notation $z_{\text {max }}$ for the maximum value of $z$ (often also denoted by $c$ ) and : $\sigma_{\max }=\frac{M}{I_{y}} Z_{\max }=\frac{M}{W}$.

Where $W=\frac{I_{y}}{z_{\max }}$, is $\left[\mathrm{L}^{3}\right]$ (often also denoted by $S$ ) and called the section modulus (معامل المقطع).

If the state of stress in a beam is investigated, it often suffices to determine only the normal stresses since the shear stresses are usually negligibly small (slender beams!). There are several different types of problems arising in this context.
If, for example, the bending moment $M$, the section modulus $W$ and the allowable stress $\sigma_{\text {allow }}$ are known, one has to verify that the maximum stress $\sigma_{\max }$ satisfies the requirement
$\sigma_{\max } \leq \sigma_{\text {allow }} \rightarrow \frac{M}{W} \leq \sigma_{\text {allow }}$ this is called stress check. تحقيق الإجهادات
On the other hand, if $M$ and $\sigma_{\text {allow }}$ are given, the required section modulus can be calculated from $W_{\text {req }}=\frac{M}{\sigma_{\text {allow }}}$ This is referred to as the design of a beam. تصميم الجائز

Finally, if $W$ and $\sigma_{\text {allow }}$ are given, the allowable load can be calculated from the condition that the maximum bending moment $M_{\max }$ must not exceed the allowable moment $M_{\text {allow }}=W \sigma_{\text {allow }}$ :

$$
M_{\max } \leq W \sigma_{\text {allow }}
$$

العزم الأعظمي

Ex. 1 As a first example we consider a rectangular area (width $b$, height $h$ ). The coordinate system with the origin at the centroid $C$ is given; (Fig. a). In order to determine $I_{y}$, we select an infinitesimal area $d A=b d z$ according to (Fig. b) Then every point of the element has the same distance $z$ from the $y$-axis. Thus, we obtain

$$
I_{y}=\int z^{2} d A=\int_{-h / 2}^{+h / 2} z^{2}(b d z)=\frac{b}{3}\left[z^{3}\right]_{-h / 2}^{+h / 2}=\frac{b h^{3}}{12}
$$

Ex. 2 In a second example we calculate the moments of inertia of a circular area (radius $R$ )

$$
I_{y}=I_{z}=\frac{1}{2} \int r^{2} d A=\frac{1}{2} \int_{0}^{R} r^{2}(2 \pi r d r)=\frac{\pi}{4} R^{4}
$$

Ex. 3 In a third example we calculate the moments of inertia of a ring area (inner radius $R_{i}$ and outer radius $R_{a}$ )

$$
I_{y}=I_{z}=\frac{\pi}{4} R_{a}^{4}-\frac{\pi}{4} R_{i}^{4}=\pi t R_{m}\left(R_{m}^{2}+\frac{1}{4} t^{2}\right)
$$

For the thin ring: $t \ll R_{m}$

$$
I_{y}=I_{z}=\pi t R_{m}^{3}
$$



Example 1 The cross section of a cantilever beam $(l=3 \mathrm{~m})$ consists of a circular ring $\left(R_{i}=4 \mathrm{~cm}, R a=5 \mathrm{~cm}\right)$ The allowable stress is given by $\sigma_{\text {allow }}=150 \mathrm{MPa}$. Determine the allowable value of the load $F$.


Solution:

$$
\begin{gathered}
W=\frac{I_{y}}{z_{\text {max }}}=\frac{\frac{\pi}{4}\left(R_{a}^{4}-R_{i}^{4}\right)}{R_{a}}=\frac{\pi\left(5^{4}-4^{4}\right)}{4(5)}=57.96 \mathrm{~cm}^{3}=57960 \mathrm{~mm}^{3} \\
M_{\text {allow }}=W \sigma_{\text {allow }}=57960 \times 150=8694000 \mathrm{~N} \cdot \mathrm{~mm}=8.694 \mathrm{kN} \cdot \mathrm{~m} \\
M_{\text {max }}=F l \leq M_{\text {allow }}=8.694 \mathrm{kN} \cdot \mathrm{~m} \\
F_{\text {allow }} l=M_{\text {allow }}=8.694 \mathrm{kN} \cdot \mathrm{~m} \\
F_{\text {allow }}=\frac{M_{\text {allow }}}{3}=2.9 \mathrm{kN}
\end{gathered}
$$

Example 2 The simply supported beam (length $l=10 \mathrm{~m}$ ) carries the force $F=200 \mathrm{kN}$. Find the required side length $C$ of the thin-walled quadratic cross section such that the allowable stress $\sigma_{\text {allo }}=200 \mathrm{MPa}$ is not exceeded. The

thickness $t=15 \mathrm{~mm}$ of the profile is given
Solution: From the bending moment diagram: $\quad M_{\max }=\frac{\left(\frac{2 l}{3}\right)\left(\frac{l}{3}\right)}{l} F=\left(\frac{2 l}{9}\right) F=444.4 \mathrm{kN} \cdot \mathrm{m}=444.4 \times 10^{6} \mathrm{~N} \cdot \mathrm{~mm}$
The value of required section modulus is: $\quad W_{\text {req }}=\frac{M_{\max }}{\sigma_{\text {allo }}}=\frac{444.4 \times 10^{6}}{200}=2.222 \times 10^{6} \mathrm{~mm}^{3}$
From the shape given in the figure, the section modulus as function of $C$ is: $W=\frac{I_{y}}{c / 2}=\frac{2 I_{y}}{c}$ But for the hollow square section
$I_{y}=\frac{c^{4}-(c-2 t)^{4}}{12}=\frac{\left[c^{2}-(c-2 t)^{2}\right]\left[c^{2}+(c-2 t)^{2}\right]}{12}=\frac{(2 t)(2 c-2 t)\left(2 c^{2}-4 c t+4 t^{2}\right)}{12}=\frac{2 t(c-t)\left(c^{2}-2 c t+2 t^{2}\right)}{3}$
$I_{y}=\frac{2 t\left(c^{3}-3 c^{2} t+4 c t^{2}-2 t^{3}\right)}{3} \Rightarrow W=\frac{4 t\left(c^{3}-3 c^{2} t+4 c t^{2}-2 t^{3}\right)}{3 c}=\frac{60\left(c^{3}-45 c^{2}+900 c-6750\right)}{3 c}=2.222 \times 10^{6}$

$$
\Rightarrow c^{3}-45 c^{2}+900 c-6750=\left(\frac{2.222 \times 10^{6}}{20}\right) c \Rightarrow c^{3}-45 c^{2}-110211 c-6750=0
$$

$$
\Rightarrow c_{1}=-310, c_{2}=335, c_{3}=-0.061 \quad \Rightarrow c=335 \mathrm{~mm}
$$

Example 2 The simply supported beam (length $l=10 \mathrm{~m}$ ) carries the force $F=200 \mathrm{kN}$. Find the required side length $C$ of the thin-walled quadratic cross section such that the allowable stress $\sigma_{\text {allo }}=200 \mathrm{MPa}$ is not exceeded. The
 thickness $t=15 \mathrm{~mm}$ of the profile is given


Solution:
From the bending moment diagram: $\quad M_{\max }=\frac{\left(\frac{2 l}{3}\right)\left(\frac{l}{3}\right)}{l} F=\left(\frac{2 l}{9}\right) F 444.4 \times 10^{6} \mathrm{~N} \cdot \mathrm{~mm}$
The value of required section modulus is: $W_{\text {req }}=\frac{M_{\max }}{\sigma_{\text {allo }}}=\frac{444.4 \times 10^{6}}{200}=2.222 \times 10^{6} \mathrm{~mm}^{3}$


From the shape given in the figure, the section modulus as function of $C$ is: $W=\frac{I_{y}}{c / 2}=\frac{2 I_{y}}{c}$
But the inertia moment for the thin-walled section can be simplified as:
$I_{y}=2 \frac{t c^{3}}{12}+2 t c\left(\frac{c-2 t}{2}\right)^{2}+2 \frac{(c-2 t) t^{3}}{12} \approx \frac{t c^{3}}{6}+\frac{t c^{3}}{2}=\frac{4 t c^{3}}{6}=\frac{2 t c^{3}}{3}$

$$
\begin{aligned}
& I_{y}=\frac{2 t\left(c^{3}-3 c^{2} t+4 c t^{2}-2 t^{3}\right)}{3} \\
& I_{y}=\frac{2 t\left(c^{3}\right.}{3}
\end{aligned}
$$

$$
\text { Take } t=15 \mathrm{~mm} \text { to get: } \quad 20 c^{2}=2.222 \times 10^{6}
$$

$$
\Rightarrow c=\sqrt{0.1111 \times 10^{6}}=333 \mathrm{~mm} \approx 335 \mathrm{~mm}
$$

Example 3 The simply supported beam (length $l=9 \mathrm{~m}$ ) carries the force $F=210 \mathrm{kN}$. Find the required side length $C$ of the thin-walled quadratic cross section such that the allowable stress $\sigma_{\text {allo }}=200 \mathrm{MPa}$ is not exceeded. The


### 4.2 Second Moments of Area

4.2.1 Definitions: The shown coordinate system is arbitrary The coordinates of the centroid $C$ of an area may be obtained from:

$$
y_{C}=\frac{1}{A} \int_{A} y d A, z_{C}=\frac{1}{A} \int_{A} z d A
$$

First moments of area (Static moments of area)

$$
S_{y}=\int_{A} z d A, \quad S_{z}=\int_{A} y d A
$$

Second moments of area (Inertia moments of area)


$$
I_{y}=\int_{A} z^{2} d A \quad I_{z}=\int_{A} y^{2} d A \quad I_{y z}=I_{z y}=-\int_{A} y z d A \quad I_{P}=\int_{A}\left(y^{2}+z^{2}\right) d A=I_{y}+I_{z}
$$

Radii of gyration (Radii plural of radius)

$$
r_{g y}=\sqrt{\frac{I_{y}}{A}} \quad r_{g z}=\sqrt{\frac{I_{z}}{A}} \quad r_{g P}=\sqrt{\frac{I_{P}}{A}}
$$

Frequently, an area $A$ is composed of several parts $A_{i}$ the moments of inertia of which are known (Fig.). In this case, the moment of inertia about the $y$-axis, for example, is obtained as the sum of the moments of inertia $I_{y_{i}}$ of the individual parts about the same axis.

$$
I_{y}=\int_{A} z^{2} d A=\int_{A_{1}} z^{2} d A+\int_{A_{2}} z^{2} d A+=\sum I_{y_{i}}
$$

$$
I_{z}=\sum I_{z_{i}}
$$

$$
I_{y z}=\sum I_{y z_{i}}
$$



### 4.2.2 Parallel-Axis Theorem

$$
\bar{y}=y+\bar{y}_{C}
$$

$$
\bar{z}=z+\bar{z}_{C}
$$

$$
I_{\bar{y}}=\int_{C} \bar{z}^{2} d A=\int\left(z+\bar{z}_{C}\right)^{2} d A=\int z^{2} d A+2 \bar{z}_{C} \int z d A+\bar{z}_{C}^{2} \int d A
$$

$$
I_{\bar{y}}=\int z^{2} d A+2 \bar{z}_{C}(0)+\bar{z}_{C}^{2} A=I_{y}+\bar{z}_{C}^{2} A
$$

$$
I_{\bar{y}}=I_{y}+\bar{z}_{C}^{2} A \quad I_{\bar{z}}=I_{z}+\bar{y}_{C}^{2} A \quad I_{\bar{y} \bar{z}}=I_{y z}-\bar{y}_{C} \bar{z}_{C} A
$$

Ex. Determine the moment of inertia with respect to the $\bar{y}$ axis
for the shown rectangle.

$$
I_{\bar{y}}=\frac{b h^{3}}{12}+\left(\frac{h}{2}\right)^{2}(b h)=\frac{b h^{3}}{3}
$$




| Circle | $\frac{\pi R^{4}}{4}$ | $\frac{\pi R^{4}}{4}$ | 0 | $\frac{\pi R^{4}}{2}$ | $\frac{5 \pi}{4} R^{4}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Thin Circular Ring $t \ll R_{m}$ | $\pi R_{m}^{3} t$ | $\pi R_{m}^{3} t$ | 0 | $2 \pi R_{m}^{3} t$ | $3 \pi R_{m}^{3} t$ |
| Semi-Circle | $\frac{R^{4}}{72 \pi}\left(9 \pi^{2}-64\right)$ | $\frac{\pi R^{4}}{8}$ | 0 | $\frac{R^{4}}{36 \pi}\left(9 \pi^{2}-32\right)$ | $\frac{\pi R^{4}}{8}$ |
| Ellipse | $\frac{\pi}{4} a b^{3}$ | $\frac{\pi}{4} b a^{3}$ | 0 | $\frac{\pi a b}{4}\left(a^{2}+b^{2}\right)$ | $\frac{5 \pi}{4} a b^{3}$ |

Ex. 2 Determine the moments of inertia for the I-profile shown in Fig. a. Simplify the results for $d, t \ll b, h$.
Solution We consider the area to be composed of three rectangles (Fig. b).
$I_{y}=\frac{d h^{3}}{12}+2\left[\frac{b t^{3}}{12}+\left(\frac{t}{2}+\frac{h}{2}\right)^{2} b t\right]=\frac{d h^{3}}{12}+\frac{b t^{3}}{6}+\frac{b t^{3}}{2}+b h t^{2}+\frac{h^{2} b t}{2}$
$I_{y}=\frac{d h^{3}}{12}+\frac{2 b t^{3}}{3}+b h t^{2}+\frac{h^{2} b t}{2} \approx \frac{d h^{3}}{12}+\frac{h^{2} b t}{2}=\frac{d h^{3}}{12}+2\left[\left(\frac{h}{2}\right)^{2} b t\right]$

$I_{z}=\frac{h t^{3}}{12}+2 \frac{t b^{3}}{12} \approx \frac{t b^{3}}{6}$


Ex. 3. A cantilever beam with the depicted cross section (constant wall thickness $t, t \ll a$, is subjected to a concentrated force $F$ at one end. Determine the maximum stress in the cross section at the support.


